CORBAN UNIVERSITY | MAKE A DIFFERENCE

MASTER OF ARTS IN COUNSELING - PROGRAM INFORMATION PACKET

The Master of Arts in Counseling has been designed to meet the needs of students pursuing a professional counseling license. The degree is designed for Christians and emphasizes the application of a biblical worldview to the practice of counseling. Christian ethical principles and theological principles are a theme which will run through the entire degree. The degree program will use interactive materials to engage students in each course, including on-site practical work hours and supervision in the field of counseling. This will challenge students to develop practical problem-solving skills with a Christian perspective throughout the program

This degree program has been designed with CACREP (Council for Accreditation for Counseling and Related Educational Programs) standards as the guideline. CACREP is an independent agency recognized by the Council for Higher Education Accreditation whose mission is to accredit master's degree programs in counseling-related programs. CACREP assures that the content and quality of the education program has been evaluated and meets standards set by and for the profession. The student can be assured that appropriate knowledge and skills areas that are necessary for entry into the counseling field will be included in the degree. CACREP Standards for counseling programs require a 60-semester-hours graduate degree program, including a 600-clock-hour internship.

The Master of Arts in Counseling consists of a total of 60 semester credit hours. An additional 6 credits in theology are included in the coursework. The degree is built on the cohort model and students will attend classes on campus at least once a week while completing the degree. The remaining coursework will be completed online.

COHORT SCHEDULE

YEAR 1

FALL

CN501 Counseling Theory and Skills I (4)	Campus	15 weeks
CN537 Ethical, Legal & Professional Issues in Counseling (3)	Hybrid	1st 8 weeks
CN531 Foundations of the Counseling Profession (3)	Online	2nd 8 weeks
CN532 Social and Cultural Foundations (3)	Campus	2nd 8 weeks

SPRING

CN502 Counseling Theory and Skills II (4)	Campus	15 weeks
CN535 Psychopathology, Diagnosis and Treatment Planning (3)	Hybrid	15 weeks
CN522 Counseling through the Lifespan (3)	Online	2nd 8 weeks
CN601 Theology and Counseling (2)	Online	2nd 8 weeks

SUMMER

CN521 Introduction to Family Counseling (3)	Campus	8 weeks
CN541 Research Methods (3)	Hybrid	8 weeks
CN536 Addiction Counseling (3)	Online	8 weeks

YEAR 2

FALL

CN512 Practicum (2)	Campus	15 weeks
CN523 Group Counseling (3)	Campus	1st 8 weeks
CN534 Appraisal of the Individual (3)	Hybrid	2nd 8 weeks
CN602 Theology of Counseling and Christian Growth (2)	Online	2nd 8 weeks

SPRING

CN561-3 Internship (3)	Campus	15 weeks
CN538 Crisis, Disaster & Trauma Counseling (3)	Campus	1st 8 weeks
CN539 Psychopharmacology (2)	Campus	2nd 8 weeks

SUMMER

CN561-3 Internship (3)	Campus	15 weeks
CN533 Career and Life Planning (3)	Online	1st 8 weeks
CN603 Theology of Faith, Hope and Love (2)	Online	1st 8 weeks

COURSE DESCRIPTIONS

CN501 COUNSELING THEORY AND SKILLS I (4) This course introduces students to theories of counseling and psychotherapy from a historical-chronological perspective. As students are exposed to these models (including psychoanalytic therapy, Adlerian therapy, person-centered counseling, Gestalt therapy, humanistic-existential therapy, and a variety of cognitive-behavioral) they will be encouraged to incorporate their own values about the human change process and their faith with these theories and counseling processes in order to begin defining their own theoretical orientation to counseling. Students will begin micro skills identification and practice.

CN502 COUNSELING THEORY AND SKILLS II (4) This course provides continued development of the theories and techniques of counseling including identification of the counseling process. To facilitate counseling competencies students will participate in self-critique, peer critique, and supervisor critique of videotaped interviews with peer clients.

CN537 ETHICAL, LEGAL & PROFESSIONAL ISSUES IN COUNSELING (3) This course is designed to provide an overview of professional ethics and state law as applied to the counseling profession. Ethical standards are discussed from an historical and practice perspective, and an ethical decision-making model is explored. Laws that affect the professional practice of mental counseling are presented and examined. Professional issues concerns and associations are discussed.

CN538 CRISIS, DISASTER, AND TRAUMA COUNSELING (3) The purpose of this course is to examine the basic concepts and principles of crisis, disasters, and other trauma-causing events on people. The course will explore the implications trauma and disasters have on the practice of counseling and therapy, and examine the application of theory to crisis counseling situations. Therapeutic responses in crisis situations require assessment and intervention skills based on an understanding of developmental stages, cultural diversity, and the unique nature and impact of crisis on the diagnostic process. Counselor personal reactions and experiences will also be explored. Students will examine relevant research on crises, suicide, and disasters as well as appropriate counselor intervention skills.

CN521 INTRODUCTION TO FAMILY COUNSELING (3) This course is an overview of major theoretical approaches to marriage and family counseling. Students are introduced to techniques and interventions in systems therapy approaches and will begin to develop competencies essential for assisting families in improving relationships.

CN523 GROUP COUNSELING (2) This course is an experiential and conceptual introduction to the therapeutic group experience including: group counseling approaches, models and theories, group facilitation skills; issues of leadership, power, process; group counseling goals, composition, and phases.

CN531 THE FOUNDATIONS OF THE COUNSELING PROFESSION (2) This course is designed to introduce the student to the field of counseling. This course addresses the foundations of mental health counseling, it's theoretical and philosophical bases, historical antecedents, current theories, ethical issues, professional identity and values, multi-cultural and diversity practice issues, social advocacy opportunities and provides an overview of current practice environments.

CN522 COUNSELING THROUGH THE LIFE SPAN (2) This course is a study of the relationship of human development to the counseling profession. Theories of human growth and development including affective, behavioral, cognitive, physical, and moral development, theories of personality and learning will be explored as each pertain to understanding the relationship of human development to counseling children and adults.

CN532 SOCIAL AND CULTURAL FOUNDATIONS (2) This course addresses the social and cultural factors affecting the counseling process. Students will investigate attitudes and perspectives regarding gender, race, ethnicity, sexual orientation, age, and other cultural differences. Particular emphasis will be placed upon biblical, historical, and cultural perspectives and the impact current views have on the counseling relationship. Students will be encouraged to expand their points of view of diverse populations leading toward successful therapeutic relationships and an acceptance of all persons.

CN533 CAREER AND LIFE PLANNING (2) This course is designed to investigate the concept of career as a lifespan process. Students investigate theories of adult career development as well as strategies and methods to facilitate a client's career decisions. Emphasis is placed on the decision-making process and issues of career counseling with special populations.

CN535 PSYCHOPATHOLOGY, DIAGNOSIS & TREATMENT PLANNING (3) This course introduces the use of current diagnostic tools, including the Diagnostic and Statistical Manual (DSM), and its use in treatment, planning and diagnosis in psychopathology. Students will explore principles and models of biopsychosocial assessment, case conceptualization, theories of human development, concepts of normalcy and psychopathology leading to diagnoses and appropriate counseling plans, as well as principles of diagnosis.

CN534 APPRAISAL OF THE INDIVIDUAL (3) This course provides for the development of a framework for understanding the individual. Since assessment has a role throughout the counseling process it is imperative to learn the principles of assessment including concepts of measurement, assessment methods, areas of client assessment, and the role that the application of assessment plays in the counseling process.

CN602 THEOLOGY OF SALVATION AND CHRISTIAN GROWTH (2) This course overviews the various Bible Doctrines such as: Theology Proper, A Trinitarian view of God, Hamartiology, Anthropology and Salvation as they contribute to an understanding of personal formation and schools of Counseling. Students will become aware of the most significant traditions and teachings of the Christian Church and established schools of Counseling. The overall outcome of the course is to develop an integrative frame work that respects the authority of Scripture and the "state of a person's well-being". Students will enter into a conversation regarding the significance of knowing God, loving oneself, and loving one's neighbor. Included will be a reflective process on student's own Christian identity and an ethics based counseling identity.

CN603 THEOLOGY OF FAITH, HOPE AND LOVE (2) This course is a continuation of COU602 to include a familiarization with several other key Biblical Doctrines such as the Doctrine of Sanctification, Doctrine of Ecclesiology, and the Doctrine of Eschatology. Special consideration will be given to the specific application of these Doctrines to understanding the relationship between Faith, Love, and Hope as a foundation for spiritual, mental, and emotional health. A Trinitarian view of God will be reviewed as a model for understanding community life, marriage, and personal growth. Classic Christian literature will be reviewed and integrated into class content to assist students in the formation of their identity as a Counselor

CN601 THEOLOGY AND COUNSELING (2) This course is an overview of topics that relate to developing controversies between counseling and Christianity. Biblical worldview and principles in counseling are explored and incorporated into a conceptual framework for counseling.

CN536 ADDICTION COUNSELING (2) The course will explore the theory and techniques of addiction including assessment and counseling theory and interventions. The course is designed to introduce students to issues associated with addictions including substances, gambling, eating disorders, and the resulting impact on client and community systems.

CN541 RESEARCH METHODS (3) This introductory course explains quantitative and qualitative research methodology in the social sciences. Introductory statistical concepts such as measures of central tendency and variability, standard scores, and hypothesis testing are reviewed.

CN539 PSYCHOPHARMACOLOGY FOR COUNSELORS (2) This course is designed to introduce the fundamentals of psychotropic medications and their therapeutic applications to the non-medical mental health care provider. Ethical practice issues and practical issues of assessment and referral will be explored.

CN512 PRACTICUM This course is designed to continue the development of competencies in basic counseling processes and skills. Students will complete a supervised practicum experience including 5 weeks of job shadowing (4 hours weekly), and 10 weeks of a minimum of 100 clock hours (40 hours direct client service, 1 hour weekly individual supervision, and 1 ½ hours weekly group supervision) with actual clients in an agency setting.

CN561-6 INTERNSHIP The internship is the culminating field experience of the program and requires completion of a supervised experience of 600 clock hours. This experience is designed to provide the student with on-site placement in a public or private mental health setting that creates the bridge between training and professionalism. Components of the learning experience include: direct client service, individual supervision, group supervision, peer learning, video/audio tape review and consultation.

LICENSURE

PRACTICUM

You will have the opportunity to start practicing theories and skills from the very beginning of your program. In the second year, students enter the practicum class (CN512) and put their skills to work, gaining experience under the guidance of a clinical supervisor. Students will complete 100 clock hours of counseling, including: 40 hours of direct client service, 1 hour weekly of individual supervision and 1.5 hours weekly of group supervision. Through these interactions, students learn to integrate classroom learning into practical counseling settings.

INTERNSHIP

Upon completion of the practicum, students enter the internship sequence of coursework (CN561-CN563). The internship is designed to reflect the work experience of a Licensed Professional Counselor and to let students participate in and observe all aspects of the counselor's work. This may include time with clients, staff meetings and training, community relations and record-keeping. The internship spans at least two terms for a total of 600 hours: 240 direct client hours and 360 indirect.

LICENSURE - PREPARING FOR YOUR PRACTICE

Individuals who earn a Master of Arts in Counseling may apply to the Oregon Board of Licensed Professional Counselors and Therapists to become licensed professional counselors (LPC). This licensure process includes submitting graduate transcripts and documentation of clinical experience, passing the National Counselor Examination (NCE), or the National Clinical Mental Health Exam (NCMHE) and continuing clinical supervision for a total of 2,400 hours, the equivalent of approximately two years of full-time counseling work experience. (Up to 400 of these hours can come from your internship during your master's program.)

The licensure process is handled entirely by the Oregon Board of Licensed Professional Counselors and Therapists. Corban's M.A. in Counseling, while maintaining an interest in its graduates and desiring to be supportive of students working toward an LPC, has no other involvement in the licensure process other than to release documentation of clinical hours earned to the board. At any time during a student's progress in the M.A. in Counseling at Corban University, any information from the Board will be made available to students, and every effort will be made to assist students in making inquiries to the Board. Specific questions should be directed to the licensure Board.

For more information, students may visit the Board's web site. Students interested in pursuing licensure should contact the Oregon Board of Licensed Professional Counselors and Therapists, 3218 Pringle Road SE #160, Salem, OR 97302, (503) 378-5499.

Students interested in professional licensure in a state other than Oregon should consult the appropriate board responsible for licensure in that state.

CORBAN UNIVERSITY | MAKE A DIFFERENCE

MASTER OF ARTS IN COUNSELING

COHORT SCHEDULE

YEAR 1

FALL

CN501 Counseling Theory and Skills I (4)	Campus	15 weeks
CN537 Ethical, Legal & Professional Issues in Counseling (3)	Hybrid	1st 8 weeks
CN531 Foundations of the Counseling Profession (3)	Online	2nd 8 weeks
CN532 Social and Cultural Foundations (3)	Campus	2nd 8 weeks

SPRING

CN502 Counseling Theory and Skills II (4)	Campus	15 weeks
CN535 Psychopathology, Diagnosis and Treatment Planning (3)	Hybrid	15 weeks
CN522 Counseling through the Lifespan (3)	Online	2nd 8 weeks
CN601 Theology and Counseling (2)	Online	2nd 8 weeks

SUMMER

CN521 Introduction to Family Counseling (3)	Campus	8 weeks
CN541 Research Methods (3)	Hybrid	8 weeks
CN536 Addiction Counseling (3)	Online	8 weeks

YEAR 2

FALL

CN512 Practicum (2)	Campus	15 weeks
CN523 Group Counseling (3)	Campus	1st 8 weeks
CN534 Appraisal of the Individual (3)	Hybrid	2nd 8 weeks
CN602 Theology of Counseling and Christian Growth (2)	Online	2nd 8 weeks

SPRING

CN561-3 Internship (3)	Campus	15 weeks
CN538 Crisis, Disaster & Trauma Counseling (3)	Campus	1st 8 weeks
CN539 Psychopharmacology (2)	Campus	2nd 8 weeks

SUMMER

CN561-3 Internship (3)	Campus	15 weeks
CN533 Career and Life Planning (3)	Online	1st 8 weeks
CN603 Theology of Faith, Hope and Love (2)	Online	1st 8 weeks